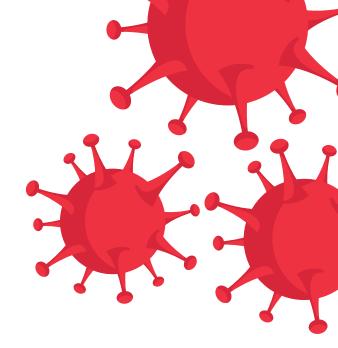


## COVID 19 AT SCHOOL GUIDE

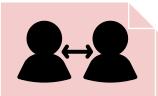




- 1. Stay at home and away from others for 5 days from the first day of symptoms or positive test (whichever one is first)
- 2. After 5 days, if symptoms are improving, you may come back to school and wear a mask for an additional 5 days
- 3. Notify your school nurse



- 1. Stay home and test 36 hours after your symptoms started
- 2. Contact your school nurse if you need help locating a test



I WAS EXPOSED
TO COVID

- 1. **Monitor** for any illness symptoms **and test** for Covid if you get sick
- 2. Wear a **mask for 10 days** when in public from the last day of Covid exposure



- 1. Wash your hands
- 2. Stay up to date on Covid vaccines
- 3. Stay home if you are sick